



On the Rocks

Mumbles

Est. 2023

DRINKS MENU



Signature Cocktails

Our signature cocktails have been carefully selected to showcase some of Wales' most premium spirits whilst transport you to some of the best beach bars in the world whilst staying loyal to our welsh roots.

Lavender Lemon Drop 10

Brecon FIVE Vodka, Triple Sec, Lemon Juice, Gower Lavender Syrup.

Tiramisu Martini 12

Barti Cream Liqueur, Stambeco Tiramisu Liqueur, Kahula, Espresso, Fresh Cream.

The Old Jamaican 11

Barti Spiced Rum, Monin Orgeat, Tabasco, Lime, Coriander, Old Jamaican Ginger Beer.

Welsh Garden Twist 10

Gwyr Rhossili Gin, Kwai Feh Lychee, Elderflower, Lemon, Cucumber.

On the Rocks Painkiller 10

Barti Spiced Rum, Pineapple Juice, Orange Juice, Monin Coconut, Bitters.

Coconut Mojito 11

Dead Man's Finger White Rum, Monin Coconut, Lime, Mint Leaves, Soda.

.Casamigos Margarita 14

Casamigos Blanco Tequila, Lime, Agave, Salt.

Spicy Margarita 12

El Jimador Tequila, Lime, Agave, Jalapeños, Chilli and Salt.

Fancy a Classic Cocktail not on our list just ask our Waiting Staff.



Non - Alcoholic Cocktails

Clean Gin Pink Spritz 7.5

Clean Co Gin Pink, Cranberry, Elderflower, Soda.

Clean Margarita 7.5

Clean Co Tequila, Lime, Agave, Salt.

Clean Paloma 7.5

Clean Co Tequila, Pink Grapefruit, Lime, Salt.

SENTIA BASED COCKTAILS

SENTIA is a unique blend of powerful plant based ingredients that are scientifically proven to activate 'GABA' in the brain, that's the neurotransmitter responsible for the good social buzz that alcohol gives you without the hangover or regrets.

Flat White Martini 8

Sentia Black, Cream, Monin Gomme, Salt.

The Thorn 8

Sentia Red, Raspberry Puree, Lemon Juice, Elderflower, Monin Gomme.

Strawberry Nojito 8

Sentia Red, Mint, Lime, Strawberry Puree, Sugar.

SENTIA Black is designed for engaging in conversations and party starting. It has a warm, spiced pepper, smooth, smoky flavour. SENTIA Red is designed relaxation and intimate moments. It has a herbal, sweet, peppery flavour.



WHITE WINES

	175ml	250ml	Btl.
AMARANZA VERDEJO	5	7	19
<i>Spain</i>			
ROBINIA PINOT GRIGIO	6	8	20
<i>Italy</i>			
ALLAN SCOTT MARLBOROUGH SAUVIGNON BLANC	7	10	28
<i>New Zealand</i>			
MIMOSA WHITE			24
<i>Patagonia</i>			
LA BEAU FLAMANT PICPOUL DE PINET			25
<i>France</i>			
JAFFELIN CHARDONNAY			29
<i>France</i>			
LA BATTISTINA GAVI			30
<i>Italy</i>			
PIRUETA ALBARINO			32
<i>Spain</i>			
CHABLIS, DOMAINE DE LA MOTTE			45
<i>France</i>			
DOMAINE MICHEL GIRARD SANCERRE			46
<i>France</i>			
CLOUDY BAY SAUVIGNON BLANC			60
<i>New Zealand</i>			
POUILLY FUISSE JEAN LORON LE VIEUX MURS			65
<i>France</i>			



RED WINES

	175ml	250ml	Btl.
AMARANZA TEMPRANILLO	5	7	19
<i>Spain</i>			
CARACARA MERLOT	6	8	21
<i>Chile</i>			
PATTERSONS SHIRAZ	7	9	23
<i>South Africa</i>			
NAVAJAS RIOJA TINTO			24
<i>Spain</i>			
APPASSIMENTO			25
<i>Italy</i>			
MIMOSA MALBEC			26
<i>Patagonia</i>			
POSTALES PINOT NOIR			26
<i>Patagonia</i>			
HENRY OF PELHAM BACO NOIR			35
<i>Canada</i>			
CUNE RIOJA RESERVA			39
<i>Spain</i>			
BODEGA DEL FIN DEL MUNDO RESERVA MALBEC			40
<i>Patagonia</i>			
CHATEAU CISSAC CRU BOURGEOIS HAUT MEDOC			42
<i>Bordeaux</i>			
CHATEAUNEUF DU PAPE, DOMAINE CHANTE CIGALE			55
<i>France</i>			
AMARONE DELLA VALPOLICELLA CLASSICO 'SATINATO'			65
<i>Italy</i>			
VALLET FRERES GEVERY CHAMBERTIN			89
<i>Burgundy</i>			



ROSE WINES

	175ml	250ml	Btl.
HAWKES PEAK ZINFANDEL USA	5	7	20
ROBINIA PINOT GRIGIO ROSE Italy	6	8	22
CHATEAU D'ESCLANS WHISPERING ANGEL ROSE France			40

SPARKLING & CHAMPAGNE

	Btl.
VISPO PROSECCO Italy	25
BOLLINGER BRUT RESERVE France	65
LAURENT PERRIER ROSE France	85





BEERS AND CIDERS

DRAUGHT

<i>Madri</i>	6
<i>Gower Gold</i>	6
<i>Atlantic Pale Ale</i>	6
<i>Aspall</i>	6

BOTTLES AND CANS

<i>Gower Power</i>	6	<i>Old Mout Berries and Cherrys</i>	5
<i>Gower 0% Ale</i>	4	<i>Old Mout Kiwi and Lime</i>	5
<i>Gwynt y Ddraig Orchard Gold</i>	6	<i>Old Mout Berries and Cherrys 0%</i>	4
<i>San Migueal</i>	3.5	<i>Tiny Rebel Clwb Tropica</i>	5
<i>San Migueal 0%</i>	3	<i>Tiny Rebel Cwtch</i>	5





SOFT DRINKS

<i>Coco Cola</i>	3.5	<i>Cawston Press Sparkling Elderflower</i>	3.5
<i>Diet Coke</i>	3.5	<i>Cawston Press Sparkling Rhubarb</i>	3.5
<i>Lemonade</i>	3.5	<i>Old Jamaican Ginger Beer</i>	3.2
		<i>Ting</i>	3
<i>Apple Juice</i>	3	<i>Gower Lavender Lemonade</i>	4.2
<i>Orange Juice</i>	3	<i>Starwberry and Basil Lemonade</i>	4.2
<i>Pineapple Juice</i>	3	<i>Raspberry Ice Tea</i>	4
<i>Cranberry Juice</i>	3	<i>Cucumber and Mint</i>	4

HOT DRINKS

<i>Latte</i>	3.5
<i>Cappucino</i>	3.4
<i>Flat White</i>	3.4
<i>Americano</i>	3.4
<i>Gower Lavendar Latte</i>	4
<i>Chai Latte</i>	4
<i>Turmeric Latte</i>	4
<i>English Breakfast Tea</i>	3.2
<i>Homemade Hot Chocolate with Whipped Cream</i>	4.5